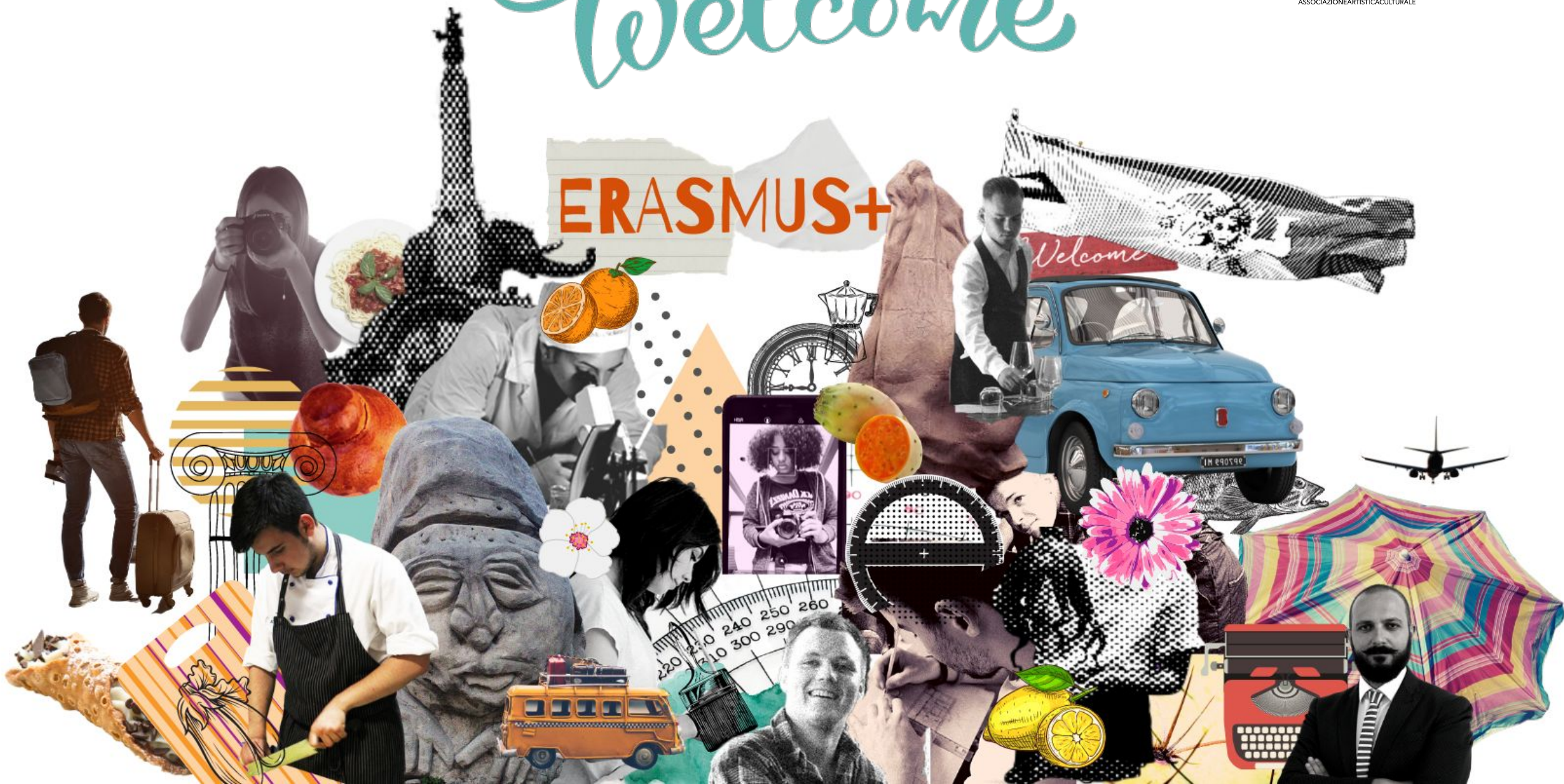


ASSOCIAZIONEARTISTICA CULTURALE

The logo for Project Consult, featuring a stylized orange 'C' with a white arrow pointing left, and the text 'PROJECT CONSULT' in bold black capital letters.

ERASMUS+



EProjectconsult.com

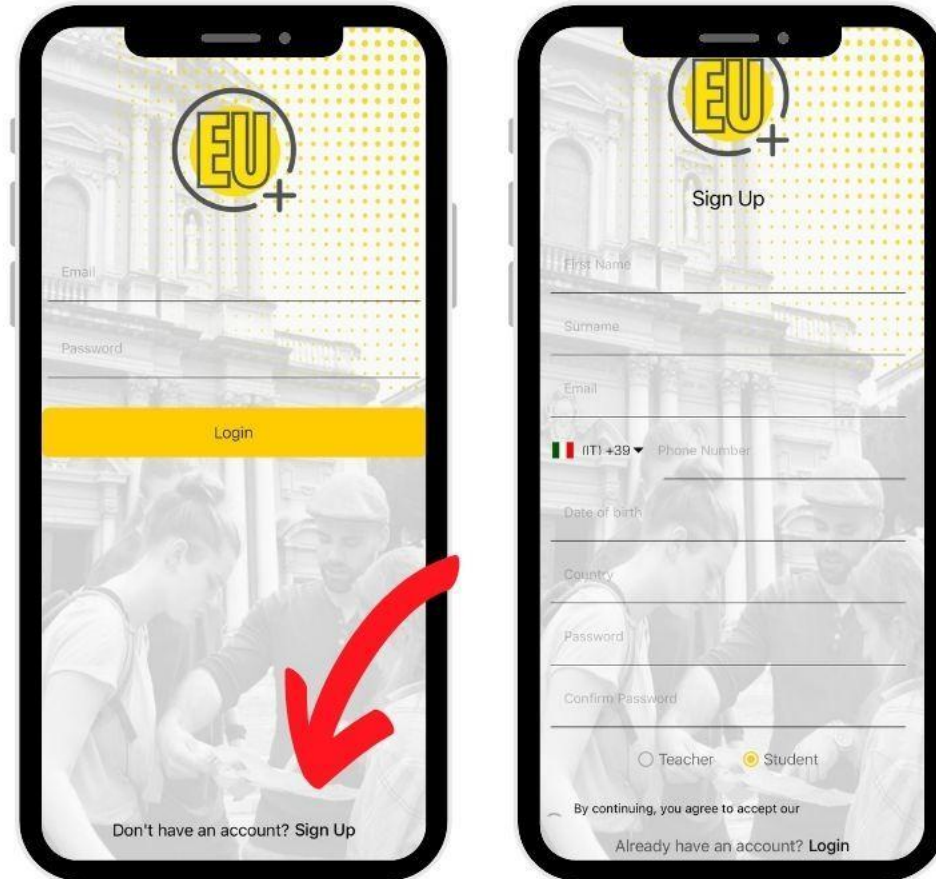
Professional organization

- Deals with: education, training and European culture.
- Specialized in: preparation/implementation of national and international projects.
- Work as: hosting partner under the program Erasmus+ funded by the EU programs. Therefore, we create, organize and implement approved European projects.



Around EU App

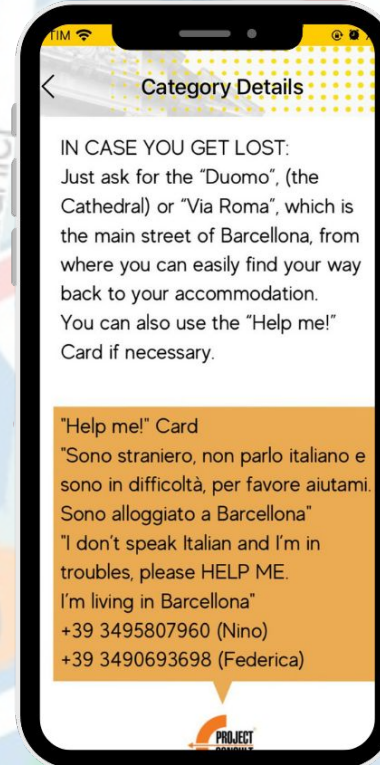
Download the App and sign up by clicking on sign up at the bottom.



Barcellona P.G.

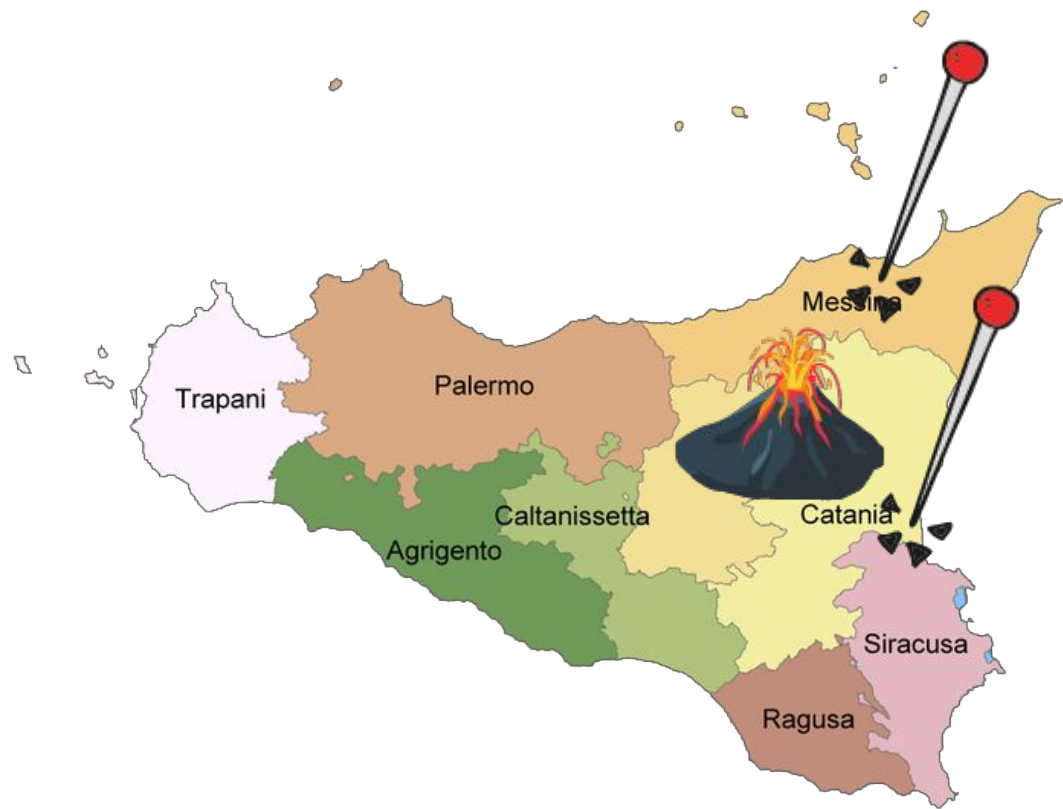
Barcellona Pozzo di Gotto is located in the north coast of Sicily.

It belongs to the Province of Messina, one of the most important cities in Sicily. The city proper has a population of over 45,000 inhabitants.



Barcelona P.G.





Sicily

■ Natural landscapes



■ Mediterranean diet



■ Cultural heritage

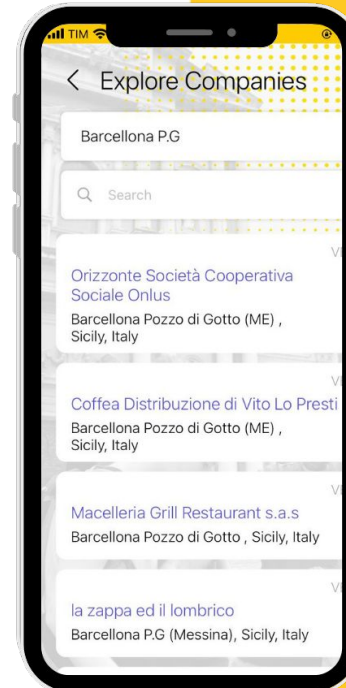


What is it?

- Erasmus+ is the EU's programme to support education, training, youth and sport in Europe.
- Fundings for programmes, projects and scholarships
- Fosters EU and EU-international cooperation



Mobility Project Life-Cycle

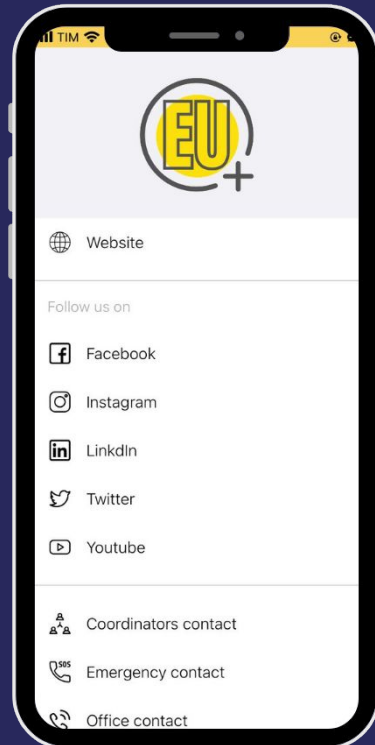


This short guide provides some key points that you should consider when putting together a Mobility Project.



Contribute to the dissemination

Facebook
Instagram
Linkedin
Twitter



IN THE COMPANY

BOSS



COLLEAGUES



JOKE

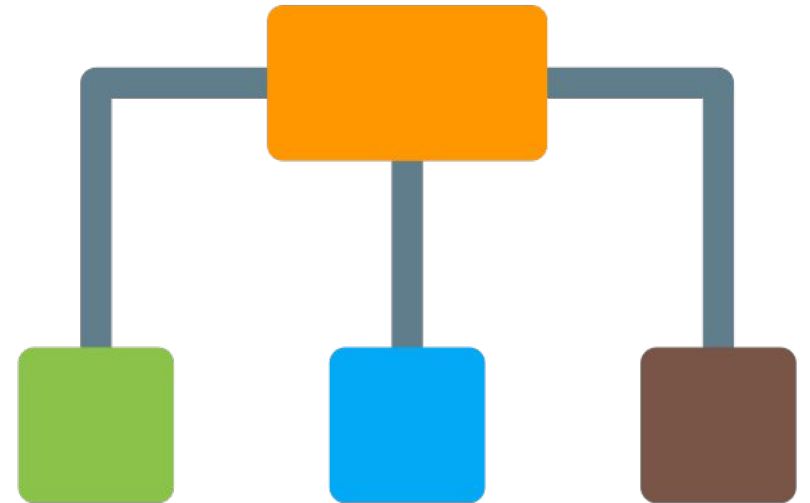


IN THE COMPANY

COOPERATE



HIERARCHY



IN THE COMPANY

PUNCTUALITY



WILLING TO LEARN

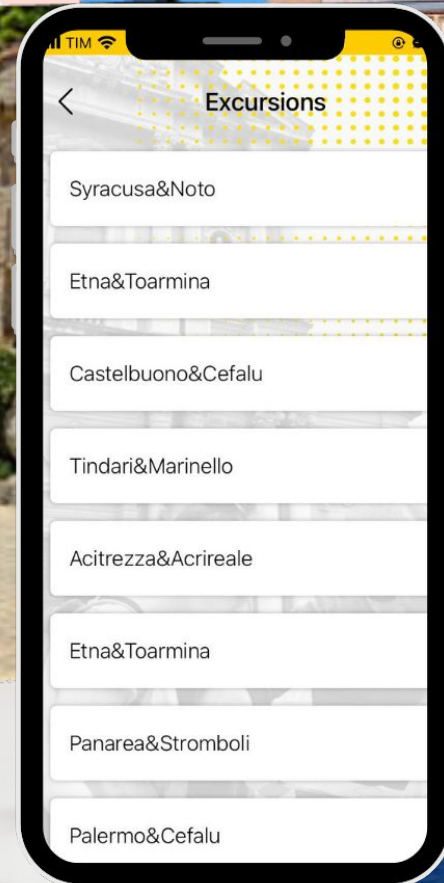


IN THE COMPANY

NO MOBILE



Excursions



Food in Sicily

■ Breakfast

h 7:00 – 10:00



■ Lunch

h 13:00 – 14:30



■ Dinner

h 20:30 – 22:00



■ Aperitivo h 18:00 – 19:30

■ After party

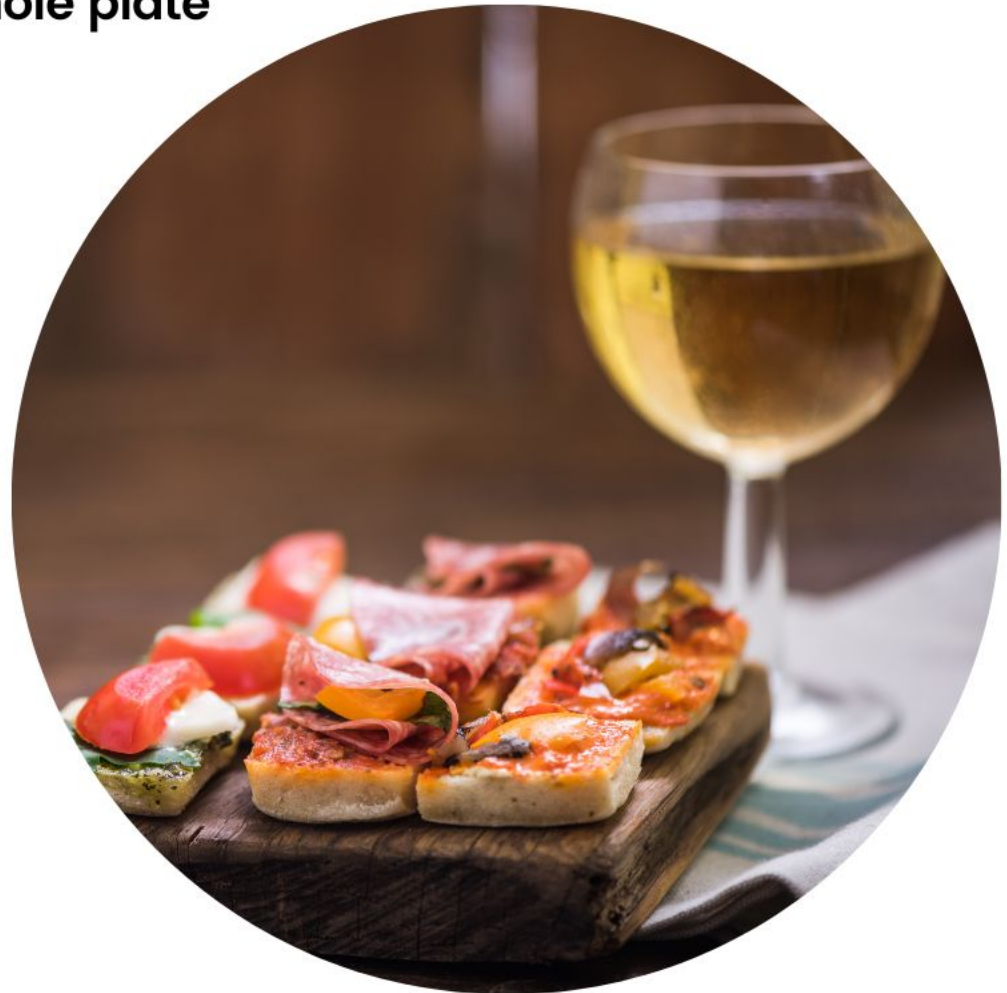


Aperitivo

From 18:30 to 20:30 you can have an aperitivo (happy hour).
For 5,00 /8,00 euro you will get one drink and a whole plate with different type of snacks.

In Barcellona you can have an aperitivo in:

- Perditempo (via Longo 32)
- Bar "Saint Honoré" (Via Trento 1)
- DOP (Piazza Stazione 22)
- "Tulbar" (Via De Luca Luigi 96)
- Bar "Maximilian" (Via Kennedy 39)
- Lia Ci Si? (Piazza Stazione)



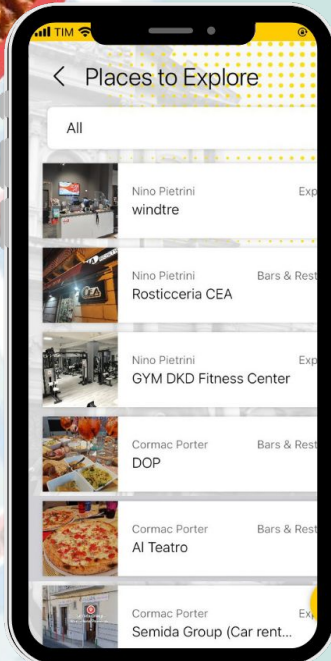
Coperto 2-4 €

PLACE TO EAT AND CHILL-OUT IN BARCELONA POZZO DI GOTTO



YOU CAN HAVE LUNCH AT:

- Master Chef (Via Ferdinando D'Amico, 9)
- BIG BANG (Piazza San Sebastiano, 10)
- Enotria l'Osteria (Via Umberto I. 421)
- DOP (Piazza stazione, 22)
- Perditempo (Via longo, 32)
- NordSud Creperia (Via San Giovanni 70)
- Lia Ci Si? (Piazza Stazione)



■ **Caffè or Espresso**

Straight shot of coffee

■ **Caffè americano**

Not exactly coffee from the United States, but more watered-down than espresso.

■ **Caffè macchiato**

An espresso "stained" with a dab of steamed milk

■ **Caffè ristretto**

Espresso with a tad less water, stronger than regular espresso.

■ **Cappuccino, or Cappuccino**

Coffee combined with steamed milk (more so than macchiato).



Coffee



RISTRETTO



ESPRESSO



AMERICANO



MACCHIATO



CON PANNA



FLAT WHITE



CAPPUCCINO



MOCHA



LATTE

SIESTA TIME

Please, keep in mind,
that in Sicily **SIESTA
TIME** starts at 13.00
and ends at 16.00!

During this time all
shops and markets
are **closed**.



- ITALIAN POPULAR GESTURES - (JUST A FEW.)

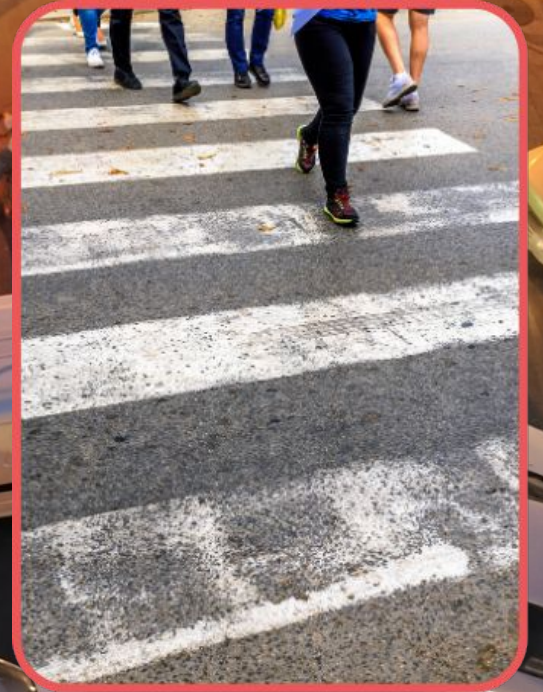


Andrea Cassano

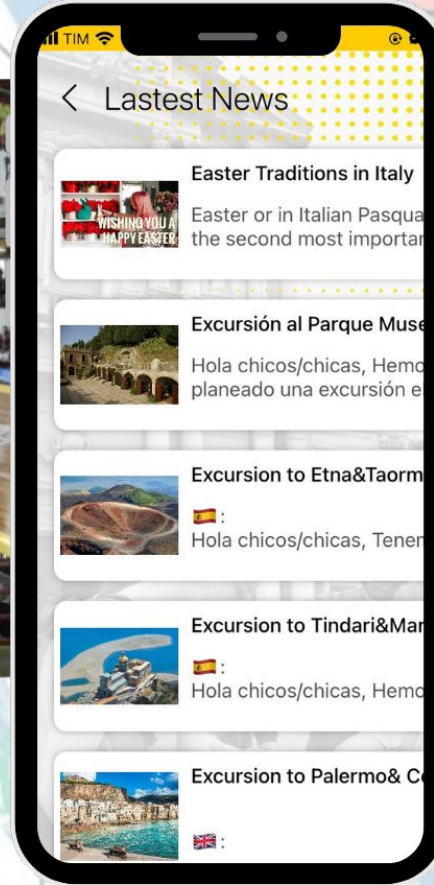
Italian gestures

- Italian versus Sicilian
- Use of hands
- Voice level
- Greetings
 1. Introduction
handshake
 2. With friends two
kisses, right cheek
then left

The rules of our streets



Leisure time



How to deal with Italian love?





HOW TO MAKE YOUR BED



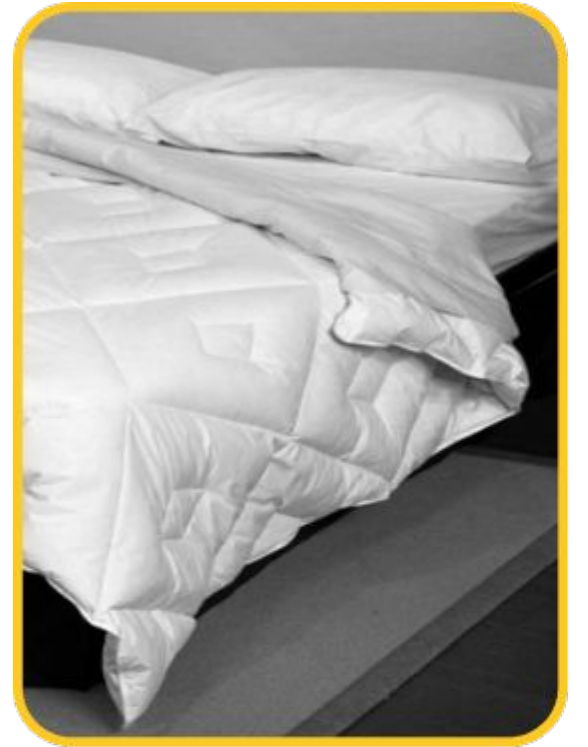
**Insert your pillow
in the pillowcase.**



**Put the fitted
sheet on the
mattress.**



**Put the flat sheet
on the fitted one.**



**Put the blanket
on the flat sheet.**

A photograph of a person and a dog jumping onto a bed. The person's legs are in the air, and the dog is also jumping. The bed has white pillows and a white blanket. There are bedside tables with lamps on either side of the bed. The text "DO NOT JUMP ONTO THE BED!!!" is overlaid on the bottom half of the image.

**DO NOT JUMP
ONTO THE BED!!!**

RULES

- Keep the apartment clean as you found it;
- Wash your plates and clean the table with detergent after every meal, in order to facilitate who comes next;
- Try to be quiet and do not make noise after 10:00 p.m. in the common area (elevator, steps, entrance, kitchen, etc);
- Take out the trash every day;
- As you leave the apartment, remember to bring with you all your stuff and leave the apartment clean and tidy as you found it.
- Arrange with your flatmates the cleaning of the common area such as kitchen, floor, corridor, bathroom, and kitchen.
- Every 5 days the owner of the apartment will come to check the status of the house after communicating to you the time of the visit and the day. If he doesn't find the house clean, he will call a cleaning lady and you will have to share the cost of it (around 7 euro per hour);
- In case of losing the keys you will have to make a new copy on your own;
- For any requirement or problem-related to the apartment, you can directly talk to Nino Pietrini.



DON'T



**Do not hang
posters on the
wall in your
room!**



**In the toilet use ONLY
toilet paper, not paper
towels and do not throw
them inside!**

BLINDS RULES

- **While using the blinds, do not lift them and do not push it until the end.**
- **Raise and lower the blinds gently in order not to damage them**
- **If you damage the blinds, you will need to incur repair costs.**



Due to the hard water, do not use washing powder, but the liquid! Powder lock washing machine!



INSTRUCTIONS FOR USE WASHING MACHINE:

- **IN THE LARGEST CONTAINER PUT LIQUID FOR WASHING**
- **IN THE SMALLEST CONTAINER PUT SOFTENING LIQUID**



Waste collection

Comune di Barcellona Pozzo di Gotto

Raccolta differenziata porta a porta
CALENDARIO SETTIMANALE ESPOSIZIONE MATERIALE

Supporto ai servizi **DUSTY**
Al servizio dell'Ambiente

	LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
ORGANICO UMIDO Residuo di origine organica						
NON DIFFERENZIABILE Rifiuto secco residuale						
PLASTICA						
CARTA e CARTONE						
MULTIMATERIALE Vetro e alluminio						

ORGANICO UMIDO	NON DIFFERENZIABILE	PLASTICA	CARTA e CARTONE	VETRO e ALLUMINIO	INGOMBRANTI
SI Avanzi di cibo Verdura e frutta Pane e cereali Fondi di caffè Fiori e piante recise Gusci d'uovo Tovaglioli e fazzoletti sporchi Stuzzicadenti Ceneri di sigaretta	SI Lampadine Calze di Nylon CD/DVD/Blu-ray Porcellane e ceramiche Posate di plastica Pannolini ed assorbenti Mozziconi di sigarette Accendini Siringhe	SI Buste e shoppers Polistirolo Pellicole e film Bottiglie, dispenser e contenitori Piatti e bicchieri di plastica puliti	SI Giornali e riviste Libri e quaderni Carta da pacchi Volantini pubblicitari Carta da disegno e fotocopie Scatole di cartone Sacchetti di carta Brick Tetra Pak	SI Bottiglie Vasetti Centenari in vetro Lattine Sondette e barattoli in acciaio	SI TV Arredi e materassi Computer e stampanti Persiane e tapparelle Piccoli elettrodomestici (es. lavatrici, asciugatrici, lavastoviglie, ecc.) Grandi elettrodomestici (frigoriferi, lavatrici, ecc.)
NO Piatti e bicchieri di carta Carcasse di animali Oli di frittura Pannolini ed assorbenti Grandi quantità di ossa e gusci di frutti di mare Oli ancora caldi	NO Tutti i materiali riciclabili Pile e farmaci Materie edili Batterie auto Stivali di potatura Apparecchiature elettroniche Materiali tossici e pericolosi	NO Posate di plastica Giaccaletti Penne e pennarelli Spazzolini da denti	NO Carta sporca Fazzoletti e tovaglioli Cartoni della pizza sporchi Scombrini fiscali di carta termica Carta chimica per fax Carta oleata/plasticata	NO Specchi Ceramica Porcellane Lampadine e Neon Lattine di vetro Oggetti in metallo Pentole e posate Fil di ferro	NO Sanitari Materie edili Materie e ferroso Stivali di potatura Materiali tossici e pericolosi

Non è possibile rifiutare rifiuti contenenti materiali diversi ed in giornate ed orari differenti da quelli indicati.

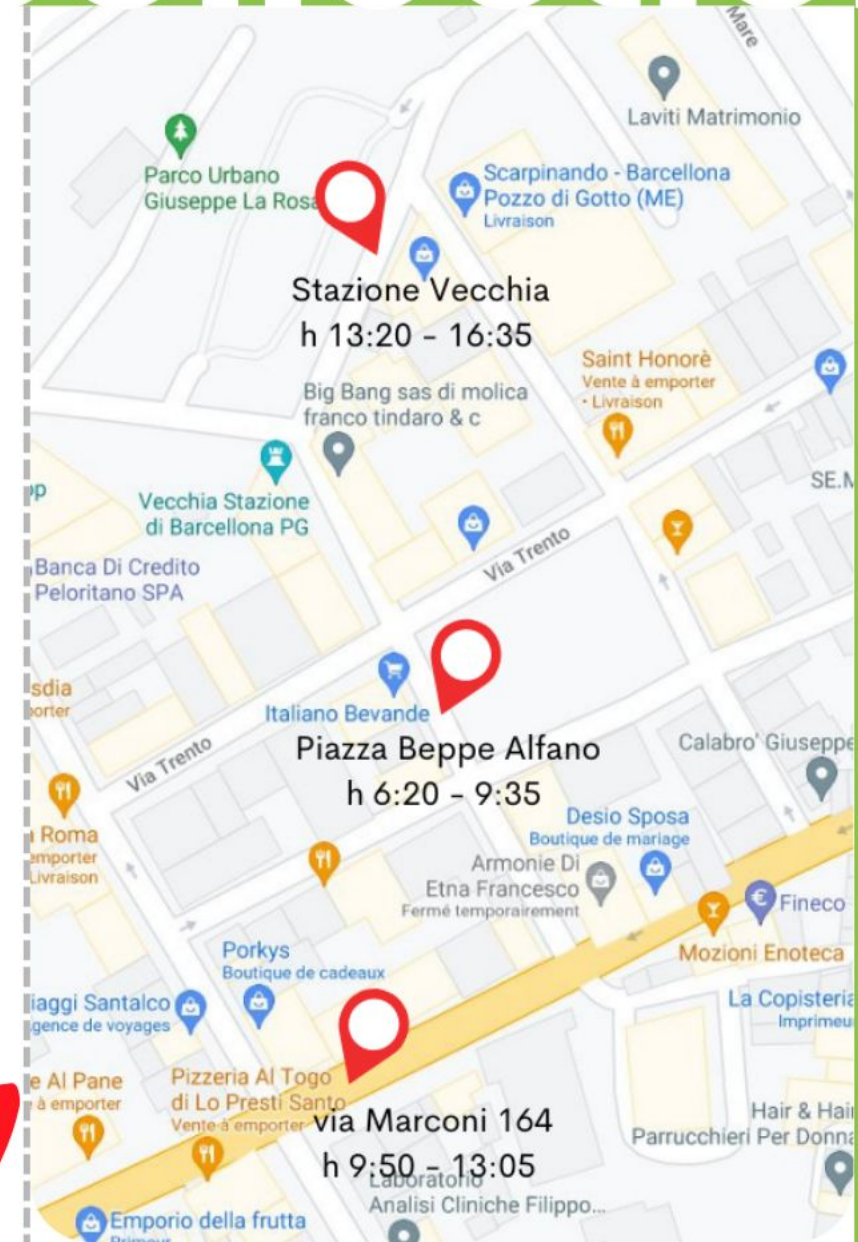
PANNOLINI
Posizionare nei giorni di raccolta dell'umido e del multimateriale in sacchi accanto al contenitore.

Posizionare il rifiuto all'esterno dalle ore 20.00 alle ore 05.00.

The waste collection is door-to-door!

According to the calendar, take your trash out of the main entrance of the building the night before the collection.

In the areas where the door-to-door collection is not provided there are "ecological islands" where to take the waste collection.



Waste collection

You can find all the info about how the waste collection works in Barcellona P.G. also in our APP.

You will find it in:

CATEGORIES -> USEFUL INFO -> RECYCLING INFO



It is VERY IMPORTANT to take the rubbish out every day and avoid collecting it in the apartments. We will deduct 10 euros from the deposit every time we will find accumulated garbage bags in the apartment and /or in the balcony

RULES

- Responsible for the project: **Nino Pietrini, Federica Sottile**
- Please, **respect the timetable** for the program and meeting point
- Remember to be **appropriate dressed** during the practice in the companies
- The activities are up to you during your free time
- No **DRUGS and ALCOHOL**

Coordinators contacts

Sono straniero, non parlo italiano e sono in difficoltà, per favore aiutami. Sono alloggiato a Barcellona P.G.

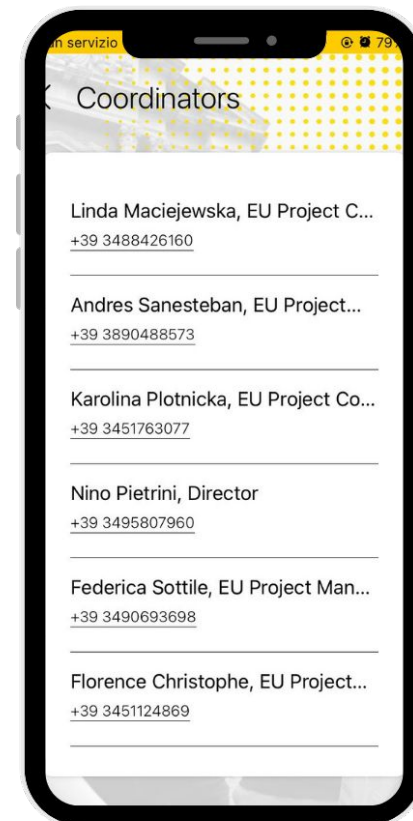
0039 3495807960 (Nino) 0039 3490693698 (Federica)

**I don't speak Italian and I'm in trouble, please HELP ME.
I'm living in Barcellona P.G.**

0039 3495807960 (Nino) 0039 3490693698 (Federica)



**In the case you have to make a call, in Italy
you have to mark +39 before the number**





GRAZIE



Enjoy your time in Sicily

